



## Pre-op Checklist for Mohs Microscopic Surgery

- Be sure to maintain normal food/fluid intake. Avoid Alcohol for 24 hours prior to your surgery. Before your appointment, be sure to have a normal breakfast, unless instructed otherwise
- We ask that you thoroughly bathe the night before or morning of your surgery.
- Please avoid the use of any perfumes/cologne, scented lotions, or aftershaves. Other people may be allergic to these products.
- **Please refrain from wearing make-up the day of your surgery. You will be asked to remove all your make-up before we can begin your surgery.**
- Please do not discontinue any prescribed medications, including any forms of blood thinners, unless instructed otherwise. Bring an up to date list of medications the day of your surgery, as well as a list of allergies if any.
- When you arrive the day of your surgery, we ask that you bring insurance information, including photo ID. If your insurance requires a referral, you are responsible for making sure we have a copy of your referral on the day of surgery.

## What to Expect While You're Here

- **THE ESTIMATED WAIT TIME CAN BE ANYWHERE FROM A COUPLE HOURS TO THE ENTIRE DAY WITH US. Much of this time will be spent waiting in the Mohs specific waiting room while your tissue is being processed in the lab. We have provided enough space for one person to accompany you on the day of surgery.**
- On occasion, some surgery will continue into the afternoon, and you may be able to be dismissed for lunch period for about an hour.
- Please have someone available to drive you home if necessary. **The surgeon will waive off on surgery if he/she feels that you will be unable to drive yourself.**

## Post-Surgery

- **Be prepared that the following 48-72 hours after surgery will require minimal activity. You will also have post-operative wound care for 1-3 weeks following surgery.**
- When you leave the office after your surgery, you will have a pressure bandage on, that will be required to remain on for 24-48 hours. Once the bandage is off, you will need the following supplies.
  - Vaseline/Aquaphor
  - Non-stick pads/Telfa pads/Curad pads
  - Bandage tape/paper tape
- Your surgeon may put you on post-operative antibiotics or pain medication if needed.
- Most surgical sites will require sutures. The sutures will remain in place for 1-3 weeks depending on site location and size of closure. Please do not plan any vacations, as you will need a scheduled appointment for you suture removal.